VOTE YOUR HEALTH · YOUR STATE · TAKE THIS WITH YOU

North Dakota

Who decides your health care here, and what is on your ballot November 3.

6.1%	49,000	796,568	Yes
uninsured, 2024 (up from 4.5% in 2023)	people with no coverage (estimate)	population, 2024	Expanded Medicaid (1/1/2014)

On your ballot

- Governor: No
- U.S. Senate: No
- U.S. House: All seats
- State legislature: House and Senate
- Attorney General: **Yes**
- Insurance commissioner: Elected; not this year

> The governor appoints the state medical board, the Medicaid director and, in most states, the insurance commissioner. If one person on this ballot controls your health care, it is this one.

Health measures on your ballot

Initiated Constitutional Measure No. 2: free breakfast and lunch in every public school.

Your medical board

Appointed by the governor in most states. Its national federation is drafting rules on whether you may use AI for your own health without a doctor's permission. Nobody from the public is in the room.

Seven questions to ask anyone who wants your vote

1. Should I need a doctor's permission to use an AI tool for my own health?
2. Will you publish, every year, both figures: how many people here have no coverage, and how many were seriously harmed by a wrong diagnosis, by the national definition?
3. Will you erase the medical debt hospitals will never collect, as North Carolina did, at no cost to the state?
4. Who do you appoint to the medical board, and will you name a member of the public to it?
5. Will the people in this state keep their coverage next year? How many, exactly?
6. What may a nurse, a pharmacist, or software do here without a physician's signature?
7. If I move to the next state with the same insurance card, what do I lose? What would you change so I don't?

Where to vote

Official North Dakota election site, early voting and your polling place: https://www.sos.nd.gov/elections/voter

Register or check: vote.gov/register/north-dakota

Ask them yourself

Governor: www.governor.nd.gov/contact-us
State legislators: ndlegis.gov/legend/constituent/districts/public/find_my_legislator
U.S. House: house.gov/representatives/find-your-representative
U.S. Senate: senate.gov/senators/senators-contact.htm
Tell us what they said: robinblackstone.com/sevenquestions

Robin Blackstone, MD · Not a member of any party; not a paid announcement; not raising money. Full page with sources: robinblackstone.com/state/north-dakota · Every state: robinblackstone.com/yourstate · By email: robinblackstone.substack.com · Uninsured: Census ACS 2024 (count is population × rate; official 2025 counts Oct 29). Offices: Ballotpedia. Expansion: KFF. Updated Oct 25, 2026.